

Self-Help Book List (Resources for the Students)

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Category/Sub-category	Title	Publication	Year of Publication	Author	Availability In Library (Branches)	Call No
Managing Relationship - Relationship	All About Love	William Morrow, an imprint of HarperCollins Publishers New York	2018	Bell Hooks	IMU Main (1 available) IMU BP CC (1 available) IMU Kluang CC (1 available) IMU Seremban CC (1 available)	BF 575.L8 Hoo 2018
Managing Relationship - Relationship	Making Friends: A Guide to Getting along with People	Singapore : Media Masters	1990	Andrew Matthews	IMU Main (0 available) IMU BP CC (0 available) IMU Kluang CC (0 available) IMU Seremban CC (1 available)	BF575.F66 Mat 1990
Managing Relationship - Couple Relationship	Men are From Mars, Women are From Venus: The Classic Guide to Understanding the Opposite Sex	New York : HarperCollins Publishers,	c2012	John Gray	IMU Main (1 available) IMU BP CC (1 available) IMU Kluang CC (1 available) IMU Seremban CC (1 available)	HQ 734 .Gra 2012
Managing Relationship - Couple Relationship	Men, Women, and Relationships: Making Peace with the Opposite Sex	Hillsboro, Or. : Beyond Words Pub.	1993	John Gray	IMU Main (0 available) IMU BP CC (1 available) IMU Kluang CC (1 available) IMU Seremban CC (1 available)	BF 692.2 Gra 1993
Managing Relationship - Relationship	The 5 Love Languages: The Secret to Love That Lasts	Chicago, IL : Northfield Publishing	2015	Gary D Chapman	IMU Main (1 available) IMU BP CC (1 available) IMU Kluang CC (1 available) IMU Seremban CC (2 available)	HQ 734 .Cha 2015
Managing Relationship - Relationship	The Friendship Factor: How to Get Closer to the People You Care	Minneapolis : Augsburg Books	2004	Alan Loy McGinnis	IMU Main (1 available) IMU BP CC (0 available) IMU Kluang CC (1 available) IMU Seremban CC (0 available)	BF 575.L8 Mcg 2004
Managing Relationship - Relationship	The Introvert Advantage: How to Thrive in an Extrovert World	Workman Pub New York	2002	Marti Olsen Laney Psy.D.	IMU Main (1 available) IMU BP CC (2 available) IMU Kluang CC (1 available) IMU Seremban CC (1 available)	BF 698.35.I59 Lan 2002

Managing Relationship - Relationship General - Psychology	The Joy of Growing Up: Growing Up for Grownups Who Haven't Grown Up Yet	Bright Pen Hertford	2005	Wendy Freebourne	IMU Main (1 available) IMU BP CC (2 available) IMU Kluang CC (0 available) IMU Seremban CC (2 available)	BF 713 .Fre 2005
Managing Relationship - Relationship	The Untethered Relationship: Experience Your Unimaginable Capacity for Love	Greenleaf Book Group Press Austin, Texas	2017	Christopher G. Moon	IMU Main (1 available) IMU BP CC (1 available) IMU Kluang CC (1 available) IMU Seremban CC (1 available) IMU Kuala Pilah CC (1 available)	HQ 503 .Moo 2017
Managing Relationship - Relationship	When Friendship Hurts: How to Deal with Friends Who Betray, Abandon, or Wound You	New York : Fireside Book	2002	Jan Yager Ph.D	IMU Main (1 available) IMU BP CC (1 available) IMU Kluang CC (1 available) IMU Seremban CC (1 available)	BF 637.I48 Yag 2002
Managing Relationship - Couple Relationship	Why Mars & Venus Collide: Improving Relationships by Understanding How Men and Women Cope Differently with Stress	New York : Collins	c2008	John Gray	IMU Main (1 available) IMU BP CC (2 available) IMU Kluang CC (1 available) IMU Seremban CC (0 available)	BF 575.S75 Gra 2008
Managing Relationship - Couple Relationship	Women Who Love Too Much: When You Keep Wishing and Hoping He'll Change	J.P. Tarcher, Distributed by St. Martin's Press Los Angeles, New York	2008	Robin Norwood	IMU Main (1 available) IMU BP CC (2 available) IMU Kluang CC (0 available) IMU Seremban CC (2 available)	HQ 1206 .Nor 2008