

Self-Help Book List (Resources for the Students)

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Category/Sub-category	Title	Publication	Year of Publication	Author	Availability In Library (Branches)	Call No
Education and Career - Study Skills - Career	Peak Performance: Success in College and Beyond (10th edition)	McGraw Hill Education New York	2018	Sharon K. Ferrett.	IMU Main (0 available) IMU BP CC (1 available) IMU Kluang CC (1 available) IMU Seremban CC (0 available)	LB 1062.6 Fer 2018
Education and Career - Career	So Good They Can't Ignore You: Why Skills Trump Passion in the Quest for Work You Love	Piatkus London	2016	Cal Newport	IMU Main (1 available) IMU BP CC (1 available) IMU Kluang CC (1 available) IMU Seremban CC (1 available) IMU Kuala Pilah CC (1 available)	HF 5381 .New 2016
Education and Career - Study Skills	The Power of Mindful Learning	Reading, Mass. : Addison-Wesley	1997	Ellen J. Langer	IMU Main (1 available) IMU BP CC (0 available) IMU Kluang CC (0 available) IMU Seremban CC (0 available)	LB 1060 .Lan 1997
Education and Career - Career	What Color is Your Parachute? 2020: A Practical Manual for Job-Hunters and Career-Changers	Ten Speed Press Emeryville	2019	Richard N. Bolles	IMU Main (0 available) IMU BP CC (0 available) IMU Kluang CC (1 available) IMU Seremban CC (0 available)	HF 5382 .Bol 2019